



7-DAY LEARNING BREAKTHROUGH CHALLENGE

DAY 1

SEE IT



VISUAL LEARNING
BRINGS IDEAS TO
LIFE



Today I tried....

DAY 2

HEAR IT



LEARNING THROUGH
SOUND CAN BOOST
RETENTION!



Today I tried....

DAY 3

DO IT



MOVEMENT-BASED
LEARNING HELPS
CONCEPTS STICK.



Today I tried....

DAY 4

PLAY IT



LEARNING IS MORE
FUN WHEN IT'S A
GAME!



Today I tried....

DAY 5

SHARE IT



SOCIAL LEARNING
BOOSTS CONFIDENCE
AND
UNDERSTANDING!



Today I tried....

DAY 6

THINK IT



REFLECTING HELPS
RETAIN INFORMATION
AND TRACK
PROGRESS.



Today I tried....

DAY 7

LOVE IT



CHOOSE YOUR FAVOURITE(S)
